

Ascot House, Fairacres Industrial Estate, Windsor, SL4 4LE					
MONDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Rebecca Howell RAD RTS			Megan Rhodes RAD CBTS ARAD/Acrobatc Arts Module 2 certified		
4:45 - 6:00	Intermediate Foundation Ballet		4:00 - 4:45	Development Ballet (Years 1 & 2)	
6:00 - 7:00	Intermediate Ballet		4:45 - 5:30	Development Ballet (Years 3 & 4)	
7:00 - 8:15	Advanced One		5:30 - 6:30	Intermediate Foundation Ballet	
Studio 3 (Upstairs)					
Philippa Dewsnap Level 3 Pilates/PBT Certified					
4:15 - 4:45	Progressing Ballet Technique - Junior		Studio 4 (Warehouse)		
4:45 - 5:25	Progressing Ballet Technique - Pre Inter Foundat		Megan Rhodes RAD CBTS ARAD/Acrobatc Arts Module 2 certified		
5:30 - 6:00	Progressing Ballet Technique - Intermediate		7:00 - 8:00	Acrobatic Arts Advanced	
6:00 - 6:30	Progressing Ballet Technique - Inter Foundation				
6:30 - 7:00	Progressing Ballet Technique - Advanced One				
TUESDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Heidi Rhodes RAD RTS ARAD			Rachel Chapman BA (hons) Musical Theatre		
4:15 - 5:00	Grade 5 Ballet		4:00 - 4:30	Grade 2 Tap	
5:00 - 6:00	Grade 6 Ballet		4:30 - 5:00	Grade 2 Modern	
6:00 - 7:00	Grade 8 Ballet		5:00 - 5:30	Grade 2 Tap	
Studio 4 (Warehouse)			5:30 - 6:00	Grade 3 Modern	
Megan Rhodes RAD CBTS ARAD/Acrobatc Arts Module 2 certified			6:00 - 6:45	Grade 4 Tap	
4:00 - 4:45	Acrobatic Arts - Super Minis		6:45 - 7:30	Grade 5 Modern	
4:45 - 5:45	Acrobatic Arts - Preliminary		7:30 - 8:15	Intermediate Modern	
5:45 - 6:45	Acrobatic Arts - Elementary		8:15 - 9:00	Intermediate Tap	
WEDNESDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Megan Rhodes RAD CBTS ARAD			Lucy Seymour ISTD DDE		
10:00 - 10:30	Baby Ballerinas		4:00 - 4:30	Grade 1 Modern & Primary Tap	
3:45 - 4:15	Pre-Primary Ballet		4:30 - 5:00	Grade 3 Tap	
4:15 - 5:00	Grade 3 Ballet		5:00 - 5:45	Grade 4 Modern	
5:00 - 5:45	Grade 4 Ballet		5:45 - 6:30	Gold Jazz	
5:45 - 6:30	Grade 4 Ballet		6:30 - 7:15	ISTD Contemporary	
6:30 - 7:30	Grade 5 Ballet		7:15 - 8:00	Adult Tap	
THURSDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Heidi Rhodes RAD RTS ARAD			Megan Rhodes RAD CBTS ARAD/Acrobatc Arts Module 2 certified		
4:30 - 5:15	Intermediate Foundation Ballet		4:00 - 4:30	Pre-Primary Ballet	
5:15 - 6:00	Intermediate Ballet		4:30 - 5:00	Primary Ballet	
6:00 - 6:45	Advanced One Ballet		5:00 - 5:45	Grade 1 Ballet	
6:45 - 7:45	Grade 8 Ballet		5:45 - 6:30	Grade 3 Ballet	
			6:30 - 7:30	Grade 6 Ballet	
FRIDAY					
Studio 4 (Warehouse)					
Megan Rhodes RAD CBTS ARAD/Acrobatc Arts Module 2 certified					
4:15 - 5:15	Acrobatic Arts - Intermediate				
5:15 - 6:15	Contemporary/Lyrical Junior				
6:15 - 7:15	Contemporary/Lyrical Senior				
SATURDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Megan Rhodes RAD CBTS ARAD/Acrobatc Arts Module 2 certified			Anna Gardner ISTD DDI		
8:45 - 9:15	Pre-Primary Ballet		9:25 - 9:55	Teddy Tappers & Mini Modern	
9:15 - 10:00	Grade 1 Ballet		10:00 - 10:45	Grade 1 Tap & Grade 2 Modern	
10:00 - 10:30	Primary Ballet		10:45 - 11:15	Primary Tap & Grade 1 Modern	
10:30 - 11:15	Grade 2 Ballet		11:15 - 12:00	Grade 1 Tap & Grade 2 Modern	
Heidi Rhodes RAD RTS ARAD			12:00 - 12:30	Grade 5 Modern	
10:15 - 10:45	Pointe (Beginners)		12:30 - 1:00	Grade 5 Tap	
10:45 - 11:15	Pointe (Intermediate)				
11:15 - 12:15	Grade 6 Ballet		Studio 1 (Downstairs)		
12:15 - 1:15	Grade 7 Ballet		Megan Rhodes RAD CBTS ARAD/Acrobatc Arts Module 2 certified		
Hollie Anderson Level 3 Gymnastics Coach			2:00 - 3:00	Acrobatic Arts - Mini's	
2:45 - 3:45	Mini/Junior Comp Squad Intensive Training				
SUNDAY					
Studio 2 (Upstairs)					
Hollie Anderson Level 3 Gymnastics Coach					
12:30 - 1:30	Inter/Snr Comp Squad Intensive Training				
St Stephen's Church, Vansittart Road,			Old Windsor Memorial Hall, Straight R		The Village Centre, Victoria Street,
Windsor			Old Windsor		Englefield Green
SATURDAY			SATURDAY		FRIDAY
Sophie Watt BA (Hons) RAD RTS			Megan Rhodes RAD CBTS ARAD		Sophie Watt BA (Hons) RAD RTS
9:00 - 9:30	Pre-Primary Ballet		11:45 - 12:15	Pre-Primary Ballet	
9:30 - 10:00	Primary Ballet		12:15 - 12:45	Primary Ballet	
10:00 - 10:45	Grade 2 Ballet		12:45 - 1:30	Grade 1 Ballet	
10:45 - 11:30	Grade 3 Ballet				4:00 - 4:30
					4:30 - 5:00
					5:00 - 5:45
					5:45 - 6:30
					Pre-Primary Ballet
					Primary Ballet
					Grade 2 Ballet
					Grade 3 Ballet