

	Ascot House, Fairacres Industrial Estate, Windsor, SL4 4LE		
MONDAY			THURSDAY
Studio 1			Studio 1
<u>Laura Vella Level 3 Pilates</u>			<u>Megan Rhodes RAD CBTS ARAD/Acrobatic Arts Module 2 certified</u>
4:15 - 4:45	Pilates - Development		4:15 - 5:00
4:45 - 5:15	Pilates - Pre Inter Foundation		5:00 - 5:45
5:15 - 6:00	Pilates - Advanced		5:45 - 6:30
6:00 - 6:45	Pilates - Inter Foundation		6:30 - 7:30
6:45 - 7:30	Pilates - Intermediate		Warehouse
			<u>Heidi Rhodes RAD RTS ARAD</u>
Studio 2			4:30 - 5:15
<u>Megan Rhodes RAD CBTS ARAD</u>			5:15 - 6:00
4:00 - 4:45	Pre-Junior Vocational Ballet (Years 1 & 2)		6:00 - 6:30
4:45 - 5:45	Junior Vocational Ballet (Years 3 & 4)		6:30 - 7:30
5:45 - 6:45	Pre-Intermediate Foundation Ballet		FRIDAY
Warehouse			Studio 1
<u>Rebecca Fraiz RAD RTS</u>			<u>Megan Rhodes RAD CBTS ARAD/Acrobatic Arts Module 2 certified</u>
4:30 - 5:30	Intermediate Foundation Ballet		4:00 - 4:30
5:30 - 6:30	Intermediate Ballet		4:30 - 5:00
6:30 - 7:30	Advanced One Ballet		5:00 - 5:45
7:30 - 8:30	Advanced Two Ballet		Warehouse
TUESDAY			5:30 - 6:30
Studio 1			6:40 - 7:40
<u>Rachel Chapman BA (hons) Musical Theatre</u>			<u>Rachel Chapman BA (hons) Musical Theatre</u>
4:15 - 4:45	Grade 4 Modern		4:00 - 4:45 <i>Warehouse</i>
4:45 - 5:30	Grade 4 Tap		4:45 - 5:45 <i>Warehouse</i>
5:30 - 6:15	Grade 5 Modern		5:45 - 6:45 <i>Studio 1</i>
6:15 - 7:00	Intermediate Modern		SATURDAY
7:00 - 7:45	Grade 5 Tap		Studio 1
7:45 - 8:45	Industry Training - Senior		<u>Lucy Seymour ISTD DDE</u>
Studio 2			9:15 - 9:45
<u>Heidi Rhodes RAD RTS ARAD</u>			9:50 - 10:30
4:15 - 5:00	Grade 6 Ballet		10:30 - 11:00
5:00 - 5:45	Advanced One Pointe/Variation		11:00 - 11:30
5:45 - 6:45	Discovering Repertoire - Level 2		11:30 - 12:00
6:45 - 7:45	Discovering Repertoire - Level 3		12:00 - 12:30
Warehouse			12:30 - 1:15
<u>Natasha Colao Acrobatic Arts Certified</u>			1:15 - 2:00
4:15 - 5:15	Acrobatic Arts - Mini		Studio 2
5:15 - 6:15	Acrobatic Arts - Junior		<u>Megan Rhodes RAD CBTS ARAD/Acrobatic Arts Module 2 certified</u>
6:15 - 7:15	Acrobatic Arts - Junior Advanced		9:00 - 9:45
WEDNESDAY			9:45 - 10:30
Studio 1			10:30 - 11:15
<u>Karen Cadogen</u>			11:15 - 12:00
4:15 - 4:45	Grade 1 Tap		12:30 - 1:15
4:45 - 5:15	Grade 2 Modern		Warehouse
5:15 - 6:00	RAD Exam coaching		1:30 - 2:30
6:00 - 6:45	Grade 4 Ballet		Warehouse
6:45 - 7:30	Contemporary/Lyrical (Senior)		<u>Sophie Watt BA (Hons) RAD RTS/Acrobatic Arts Module 1 Certified</u>
Studio 2			10:35 - 11:20
<u>Megan Rhodes RAD CBTS ARAD/Acrobatic Arts Module 2 certified</u>			11:20 - 12:20
10:00 - 10:30	Baby Ballerinas		Studio 2
4:00 - 4:30	Petite Ballerinas		<u>Aibhlin McAvera Level 3 Gymnastics coach</u>
4:30 - 5:00	Primary Ballet		2:45 - 3:45
5:00 - 5:45	Grade 5 Ballet		Stretch & Conditioning - Junior
Warehouse			SUNDAY
6:00 - 7:00	Grade 5 Ballet		<u>Aibhlin McAvera Level 3 Gymnastics coach</u>
7:00 - 8:00	Acrobatic Arts Advanced		10:30 - 12:30
			Stretch & Conditioning - Senior
The Village Centre, Victoria Street,			St Stephen's Church, Vansittart Road,
Englefield Green			Windsor, SL4 5EH
FRIDAY			SATURDAY
<u>Sophie Watt BA (Hons) RAD RTS</u>			<u>Sophie Watt BA (Hons) RAD RTS</u>
4:00 - 4:30	Primary Ballet		9:00 - 9:30
4:30 - 5:15	Grade 1 Ballet		9:30 - 10:15
5:15 - 6:00	Grade 3 Ballet		